



2023

**FRONTIER FALL TEAM
INFORMATION**

SEASON COMMUNICATION

- Utilize TeamSnap app (schedule, roster, messaging, etc.) - Download and enable notifications!
- Look out for weekly emails from coaches with changes to schedule, upcoming season reminders, etc.
- Keep open communication! Email or text with any questions as soon as possible



ATHLETE EXPECTATIONS

- Attend all practices, conditioning, team bonding activities, and games
- Communicate any schedule conflicts
- Come prepared to practices and games (water, equipment, mindset)
- Bring all necessary equipment
- Eat and hydrate throughout the day
- Give 100% on and off the field
- Come focused and ready to work

PROGRAM FOCUS

- Establish strong foundational skills
- Learn field sense and strategy
- Increase communication skills
- Coping with adversity
- Train and prepare for high school level of play
- Build independence and discipline on and off the field
- Establish meaningful friendships and relationships
- Build love for the sport!

TEAM SETUP

- **2 teams**
 - **Orange Team** - Older and more experienced players
 - **Gray Team** - new and younger players

As players develop and show they are ready to play at a higher level they can be moved to the Orange team during season!

PARENT EXPECTATIONS

- Assist players in attending events prepared and on time
- Communicate any conflict issues with 24+ hour notice
- Attend games ready to CHEER rather than COACH
- Treat all parents, players, coaches, and referees with respect

SEASON SCHEDULE

PRACTICES

- Practice Schedule
 - 2 days a week
 - Sundays prior to games (1 hour) and 1.5 hours on non-game days (time tbd)
 - Olentangy High School Turf Field
 - 1 night each week 1.5 hours @ Olentangy Shanahan middle school (grass field)
 - Practices begin Sunday, August 6th

SEASON SCHEDULE

GAMES

*DATES AND TIMES SUBJECT TO CHANGE

Orange Team

- 8/27 vs Indian Hill - 5pm
- 8/29 @ Upper Arlington - 5pm
- 8/31 @ Liberty Silverhawks - 5pm
- 9/10 @ Indian Hill (Cincinnati) - Time TBD
- 9/12 @ Granville - Time TBD
- 9/14 @ New Albany - 5pm
- 9/17 vs St. Agatha - 5pm
- 9/19 @ Columbus Academy - 5pm
- 9/21 @ Bexley - 5pm
- 9/24 vs Thomas Worthington - 5pm
- 10/1 vs New Albany - 5pm
- 10/5 @ Thomas Worthington - 5pm

Gray Team

- 8/27 vs Indian Hill - 6pm
- 8/29 @ Upper Arlington - 6pm
- 8/31 @ Liberty Silverhawks - 6pm
- 9/10 @ Indian Hill (Cincinnati) - Time TBD
- 9/12 @ Granville - Time TBD
- 9/14 @ New Albany - 6pm
- 9/19 @ Columbus Academy - 6pm
- 9/24 vs Worthington Kilbourne - 6pm
- 10/1 vs New Albany - 6pm
- 10/5 @ worthington Kilbourne - 6pm

**Dublin Jerome Play Day - Both
Teams - Dates/Times TBD**

FEES & UNIFORM COSTS

TEAM FEE - \$300

NEW AND REPLACEMENT UNIFORMS

Cost of full uniform - \$120

- 2 Tops (Gray & White) - \$40 each
- Gray Skirt - \$40
- Orange Socks Included
- White Socks must be purchased separately.
- Purchase during registration (returning players may purchase new tops/bottoms)

Practice Jerseys - \$20

Our goal is to grow the sport and give anyone interested the opportunity to play and compete. Please reach out if the cost of participating could keep your player from participating.





**THANK
YOU!**

**Visit www.frontierfieldhockey.com to get
registered today!**